



# WHERE & WHEN To Go For Medical Care



PRIMARY CARE PHYSICIANS - your first line of defense	Conditions Commonly Treated
<p><b>PRIMARY CARE</b> Open Weekdays   Call 367-DOCS</p> <p><b>For optimum care</b>, everyone should establish a primary care provider as their central point of contact for ongoing routine care.</p> <p>Hours are generally 8-5pm, but may vary.</p>	<ul style="list-style-type: none"> <li>• same-day sick appointments</li> <li>• ongoing routine care</li> <li>• chronic condition management</li> <li>• health and wellness care</li> <li>• preventive care and screenings</li> <li>• annual physicals</li> <li>• immunizations and shots</li> <li>• workplace injuries</li> <li>• specialty and surgical care referrals</li> <li>• patient hospitalization follow-up</li> </ul>
If you can't get into your primary care physician	Conditions Commonly Treated
<p><b>URGENT CARE</b> Open 7 Days A Week   Call 367-DOCS Hours may vary</p> <p>Mon - Fri: 7am - 7pm Sat &amp; Sun: 8am - 3pm Holidays: 8am - 1pm Closed Christmas</p> <p><b>An excellent, cost effective alternative</b> to ER visits providing care for many moderate conditions.</p>	<ul style="list-style-type: none"> <li>• cold or flu</li> <li>• ear infections</li> <li>• sinus infections</li> <li>• mild allergic reactions</li> <li>• insect bites</li> <li>• skin infections</li> <li>• sports injuries</li> <li>• fractures &amp; sprains</li> <li>• bronchitis</li> <li>• back pain</li> <li>• nausea/vomiting</li> <li>• sunburn</li> <li>• headaches</li> <li>• lacerations</li> </ul>
Care for serious, critical and life-threatening conditions	Conditions Commonly Treated
<p><b>EMERGENCY ROOM</b> Open 24 Hours</p> <p><b>Proceed directly and immediately</b> to the emergency department if you are experiencing any of the following conditions:</p> <p style="text-align: center;"><b>Call 911 if in doubt</b></p>	<ul style="list-style-type: none"> <li>• chest pain</li> <li>• uncontrolled bleeding</li> <li>• sudden or severe pain</li> <li>• coughing or vomiting blood</li> <li>• difficulty breathing or shortness of breath</li> <li>• sudden dizziness or weakness</li> <li>• sudden change in vision</li> <li>• sudden numbness or weakness of any extremity</li> <li>• severe or persistent vomiting or diarrhea</li> <li>• head trauma</li> </ul>